

# WHAT TO PACK

## A guide for Cub Scouts

### Always carry your **Six Essentials**




- First aid kit 
- Flashlight and batteries 
- Filled water bottle 
- Trail food 
- Sun protection 
- Emergency whistle 



### For older scouts:

- The Six Essentials
- Pocket knife (with whittling chit) 
- Fire making kit (with firem'n chit) 
- Map and compass 
- Extra clothes 
- Rain gear

### One night or two of **Camping**

- Day pack with the Six Essentials
- Clothes for the weather
- Sleeping bag and bed roll 
- Tent and ground cloth 
- Eating utensils
- Toothbrush and paste 
- Soap
- Small towel

Cub Scouts camp with other scouts and their own families. Meals can be made by each family or served as a group. Plan ahead for dietary needs.

### How to pack for a week of **Summer Camp**

- Day pack with the Six Essentials
- Everything you need for one night of camping
- Medical forms
- Personal medications
- Extra clothes
- Swimsuit
- Small notebook and pencil
- Insect repellent
- Shower shoes
- Toiletries and towel for showers
- Watch
- Camera
- Sewing and repair kit
- Card games or book for quiet time
- Money for camp store and a meal on the way home



Know where you're going! Many scout camps offer adirondack cabins or three-sided adirondacks. No tent required!

### Leave it at home!

#### DO NOT BRING:

- Electronics, including stereos
- Fireworks or other explosives
- Pets
- Illegal drugs
- Alcohol
- Weapons, including hatchet, bows, or arrows

